

It's not easy to transfer from the bed!!

Such happenings may occur during the transfer

The arms may get caught during the transfer with caregiving.



The legs and buttocks bump against the toilet



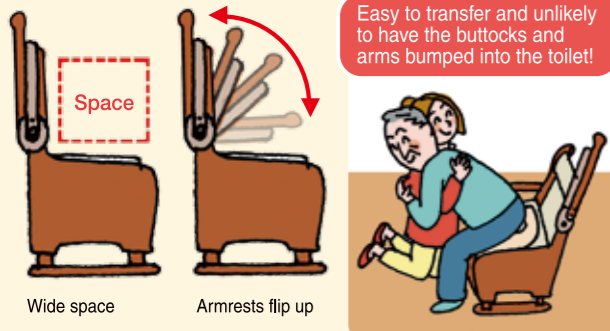
Feel dizzy when stand up



Taking the movement of the transfer into consideration for choosing the type of armrests!

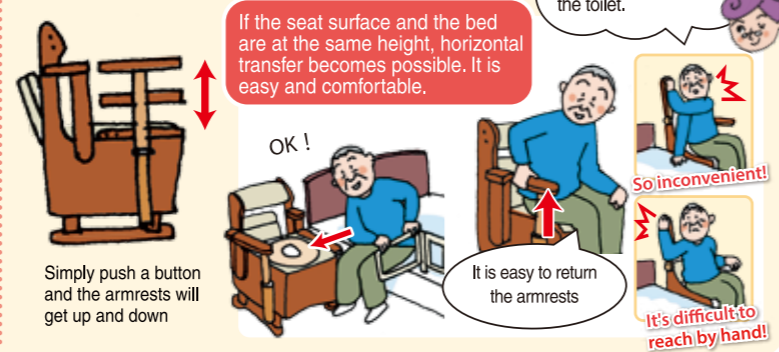
Mainly for those who require for **assistance of caregivers during transfer**

Flip-up type of armrests



Mainly for those who **transfer on their own**

Vertical elevation type of armrests



Placing some tools that help you transfer, sit and stand up will make you move freely and more comfortable when staying at home.

It is important to consider thoroughly including to make good use of the surrounding environment.

Bed grip

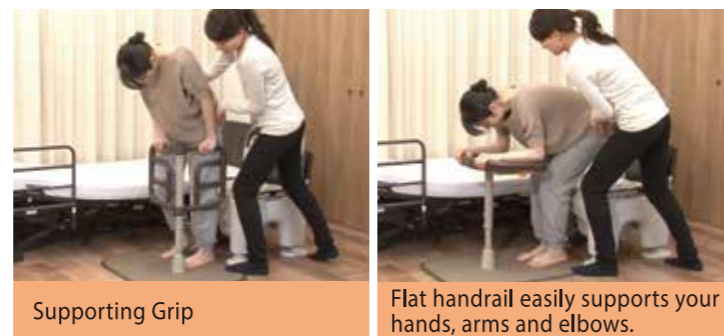
Horizontal transfer is possible without much effort to get up. It can also reduce the burden of the caregiver.



Notes: Please do not apply too much force on the armrests and seat back of the portable toilet. It may cause turnover.

Supporting Grip

Supporting Grip does not only help you transfer, but also let you easily put on and take off the wear



Portable Toilet

- A portable toilet which fits comfortably in the room
- A battle with smell
- Support user move to the toilet easier



Product Details

Something went wrong when using the toilet at home?

Wearing a diaper

Recumbent excretion



Hard to excrete at once!

Sitting on a toilet

Sitting excretion



It would be desirable to excrete while sitting on a toilet than recumbent excretion wearing a diaper. Then, if situations such as going to toilet several times during the night or failure to hold on for the toilet etc., you may first consider the combination of home toilets and portable toilets!

STEP 1

My body health is still in good condition but the problem during the night time and cannot hold on for the toilet.

Use it together with home toilet

I begin to use a portable toilet during the night time together with home toilets and others in the day time.



If situations such as going to toilet several times during the night or failure to hold on for the toilet etc, you may first use a portable toilet only during the night while go to home toilets in the day time. A combination of them reduces the anxiety and burden on the user.

STEP 2

Risk of falling if not attended by a caregiver...

Put it beside the bed

To prepare for the situation of failing to go to the toilet alone, it is advised to consider the introduction of portable toilets



Hardly be attended by a caregiver, having the risk of falling, failing to hold on for the toilet, causing a burden on the heart due to great difference in temperature of room and corridors in winter, etc., when you began to have difficulties to go to toilet alone, it is advised to consider the introduction of the portable toilet at the bedside.

Pay attention to the following points to put a toilet in the room!

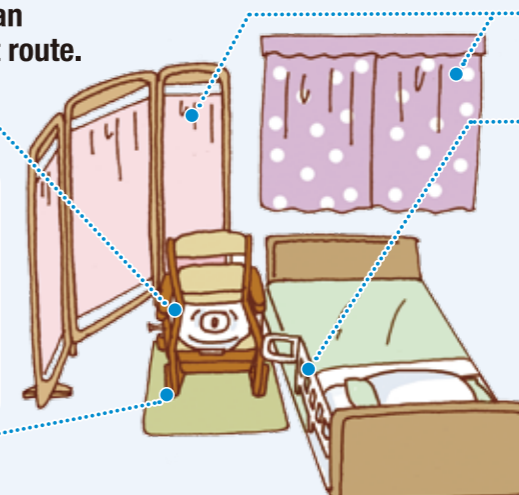
Privacy preservation and making an environment of smooth movement route.

Portable Toilet It is important to take the movement route into consideration for installation

Where should the portable toilet be?

In case of transfer to the toilet from the position of sitting at the bedside, it is advised to put the toilet at the position as shown in the right figure! Definitely the physical symptoms and the room space shall be considered when finding the convenient location.

Deodorant and waterproof sheet A measure to eliminate unpleasant smell!



Room partition and curtain Protect the user's dignity and privacy!

Bed grip Support the user during transfer, sitting and standing up etc.

POINT

- Install it in a way that no gap and level difference with the bed.
- Put it on the leg side.

Take these points into consideration and maintain an environment to let the user go to toilet on his own for a longer period.

Be sure to make the best adjustment of height and angle and let the user live comfortably everyday. (Please consult your doctor or caregiver)

Notes: There is a risk of falling even you make the seat surface tilt backward. In case the user likely to fall, he shall be attended by a caregiver, or a table shall be placed in front of him to let him support his body.

How to choose a suitable portable toilet:



At first! There are **plastic** and **wooden** portable toilets

Made of plastic

Light weight and ease for carry!

Everything is washable and easy to keep clean



Made of wood

Looks like a home furniture and easy to fit in the room!

Give you a sense of stability due to its weight



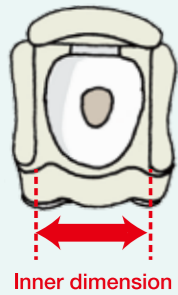
And! Check the following **four important points**:

Point 1 About the inner dimension of the armrests

The basic is **the balance of keeping the sitting posture and ease of movement**

In case of narrow inner dimension

It is easy to keep the sitting posture. However, if it is too narrow, it would be harder to clean up and pull down the pants etc.



In case of wide inner dimension

Although it would be easier to move, sometimes it would be difficult to maintain the posture if it is too wide.



Point 2 Ease of transfer

•Flip-up type

(Mainly for those required for assistance of caregivers during transfer)



The armrests go up with lots of space.

•Vertical elevation type

(For those who can do the transfer on their own)



Easy to return the lowered armrests by themselves after transfer.

Please note!

- Major causes of portable toilet chair accidents during transfer.
- Due to the armrests which get in the way of movement line, it causes bruises at buttocks and arms.
- As the relaxed arm of the paralyzed side moves unsteadily, it may hit against the seat back etc. or get trapped.
- As the caregiver assisted the user to transfer without caring the contracted legs, the legs may have contact with or trapped by the bed frame or the footrests of the wheelchair.

Portable toilet with adjustable height and angle features

Point 3 Height of the seat surface

The basic is the length of legs below the knee when you sit down



POINT

The "height of the seat surface" is based on the length of legs below the knee, and you may adjust it up and down according to the situation.



The length of legs below the knee

If higher than the length of legs below the knee

Advantages

- Easier for those whose knees hurt to rise.
- Reducing the burden for those with limitations on the range of motion of hip joints.



Disadvantages

- The higher the seat, less body weight will be on the entire sole of the foot. It may cause some people failed to keep their balance and fall down.

If lower than the length of legs below the knee

Advantages

- You can apply abdominal pressure even without taking a position of leaning forward.
- It is easier for you to sit on the portable toilet from the futon bed on the floor if the seat height is



Disadvantages

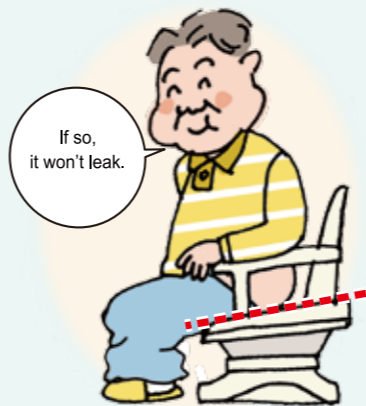
- The lower the seat, the harder to stand up.

Point 4 Angle of the seat surface

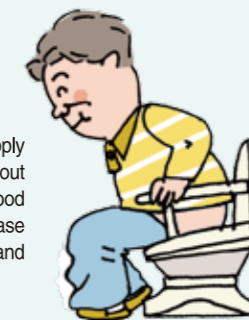
Seat surface tilting forward

Advantages

As it is easy to take a leaning forward position which applies abdominal pressure, it is easier to defecate without much effort.



Please note that if you apply forces to defecate without leaning forward, the blood pressure will rise and increase the burden on the heart and blood vessels.



It would be easier to rise if you have limitations on the range of motion of hip joint due to having had a surgery on femoral neck fractures etc.

※ If you have received a surgery of artificial bone head replacement or artificial hip joint replacement, there is a risk of dislocation due to excessive flexion of the hip joints. (In addition, there are other limb positions that would easily cause dislocation. For more information, please consult with the relevant professionals.)



Seat surface tilting backward

Point

If you become harder to rise, please adjust the armrests and the hand rails of the bed.

Advantages

In case you do not breathe normally when you try to apply forces normally you will take a leaning forward position and lean against a table etc. placed in front of you to defecate, however, for some people, they will feel more comfortable to lean against the seat back and apply abdominal pressure when sitting on a toilet seat tilting backward.

